

# Create a Hope Box Supplies List

## Here are the most essential supplies you will need:

One Box  
Mod Podge  
Glue Stick  
Brown Paper  
White paper  
Any paint  
Paint brushes  
Photos and photo copies of photos  
Sharpies or gel pens  
Scissors

\*All of the other supplies listed below are completely optional and are here for you to explore if that is enjoyable for you. The key is to not get overwhelmed by the supplies list. The list above will work very well for the Create a Hope Box Course.

### Papers:

Brown paper from grocery bags  
Packing paper for shipping or from purchases  
Any office paper - graph paper works really well  
Copy paper or [Hammermill Printer Paper](#)  
[Calligraphy paper](#)  
[Tea bag tissue paper](#)  
[Tracing paper](#)  
[Handmade paper](#)  
Any scrapbooking papers - [I used these to create a Steampunk Aesthetic](#)

**Box:** (You will need 1 box for the course - any of these boxes will work)

Shoe Box

Any pre-decorated box from Amazon, Micheals, Homegoods, thrift store

Any photo box - [I chose a brown craft box for this project](#)

[Lime green box from Amazon](#)

## **Glues & Tape:**

[Mod Podge](#)

Glue Sticks

Glue Gun

[Washi Tape](#)

## **Paints:**

Any water color paint - [Here is an inexpensive set](#)

Guache - [Here is a great set](#) or the [singles of the same brand](#)

Any acrylic paint - [Here is an inexpensive collection](#) & [a glossy/metallic set](#)

Acrylic house paint - any brand

## **Paint Brushes:**

[Any round paint brushes ranging from size 2-18](#) or [Chinese Calligraphy Style Brushes](#)

## **Writing Implements:**

Any pens

Any pencils

[Markers](#) or [Gel Pens](#)

## **Spray Bottles:**

Any spray bottles - [here are the ones I used](#)

## **Materials for Making Natural Dyes:**

Tea

Coffee

[Turmeric Powder](#) (for yellow)

Blueberries, Red Cabbage & Black Beans (for blue/purple)

Beets (for red)

Baking Soda or [Alum Powder](#)

Rubbing Alcohol - any percentage

White Vinegar

### **Notebook:**

Use a journal you already have

Any composition notebook - [Here is one with a grid](#)

### **Stamping Supplies:**

Any stencils - mine are so old that I did not include links

Any stamps - my stamps are very old as well and I did not include links

Any stamp pads - [Archival - won't run when paint is added](#) or [Non-Archival -will run](#)

### **Inks and Sprays:**

Any India Inks - [here are the ones I used](#)

Sprays - [I like the Tim Holtz Sprays](#)

### **Photos & Memorabilia:**

Any photos of your beloved person

Photocopies of your photos (photocopies will work better than inkjet printouts)

Any momentos and/or photocopies of momentos